



# **CORRIDOR**

## **CORPORATE** *GAMES*

### **VIRTUAL FITNESS CLASSES**

#### **Eligibility**

All participants must be regular employees (full or part-time), interns or retirees of companies registered for the Corridor Corporate Games in order to receive team points.

#### **General Guidelines**

1. Virtual classes are non-competitive, participation events.

#### **CCG Point System**

- Participants will be awarded **5** participation points. No medals will be awarded.