



# **CORRIDOR**

## **CORPORATE** *GAMES*

### **Fitness Walk Rules**

#### **Eligibility**

All participants must be regular employees (full or part-time), interns or retirees of companies registered for the Corridor Corporate Games in order to receive team points.

#### **General Guidelines**

1. This is a non-competitive walk. You may walk at your own pace and choose your own path. Participants must walk for at least 30 minutes.

#### **CCG Point System**

- Participants will be awarded **5** participation points. No medals will be awarded.