



CORRIDOR Corporate Games

PRESENTED BY Wellmark 

Event Limits and Important Dates

<i>Sport/Event</i>	<i>Event Type</i>	<i>Team Limits</i>	<i>Minimum Roster</i>	<i>Maximum Roster</i>	<i>Company Deadline*</i>	<i>Team List Posted</i>	<i>Final Schedule</i>
			<small>(Per Team)</small>				
AHA Corridor Heart Walk	Community Challenge	Unlimited					
Bags	Doubles Competition	2 Open Teams	2	2	7/15/2026	7/17/2026	7/28/2026
Basketball - 3 on 3	Team Competition	1 Men's, 1 Women's Team (2 Men's, 2 Women's Teams in Division 1)	3	10	6/10/2026	6/12/2026	6/19/2026
Blood Donation Challenge	Community Challenge	Unlimited					
Bowling	Team Competition	1 Mens, 1 Womens Team, 1 Coed Team (2 Male, 2 Female)	3	4	6/24/2026	6/26/2026	7/13/2026
Cycling Tour Ride	Individual Non Competitive	Unlimited					
Disc Golf	Doubles Competition	1 Mens, 1 Womens Team	2	2	7/8/2026	7/10/2026	7/17/2026
Dodgeball	Major Team Competition	1 Coed Team	6	12	6/10/2026	6/12/2026	6/15/2026
Golf	Doubles Competition	2 Mens, 2 Womens Teams	2	2	5/27/2026	5/29/2026	6/4/2026
Kickball	Major Team Competition	1 Coed Team	8	20	6/24/2026	6/26/2026	7/9/2026
Meals from the Heartland	Community Challenge	Unlimited					
Mini Golf	Doubles Competition	2 Open Teams	2	2	7/8/2026	7/10/2026	7/17/2026
Nature Walk	Individual Non Competitive	Unlimited					
Pickleball	Doubles Competition	1 Mens, 1 Womens Team, 1 Mixed Doubles Team	2	2	6/17/2026	6/19/2026	6/24/2026
Sand Volleyball	Team Competition	1 Coed Team	6	12	5/27/2026	5/29/2026	6/2/2026
Speed Puzzle	Team Competition	1 Open Team	2	5	5/20/2026	5/22/2026	5/29/2026
Spikeball	Doubles Competition	2 Open Teams	2	2	6/24/2026	6/24/2026	7/6/2026
Track & Field		2 Males, 2 Females per age group (18-29, 30-39, 40-49, 50-59, 60+. One Coed Team per relay)					
Trivia Night	Major Team Competition	1 Open Team	2	8	6/24/2026	6/26/2026	7/3/2026
Tug of War	Major Team Competition	1 Coed Team	5	10	6/3/2026	6/5/2026	6/9/2026
Yoga	Individual Non Competitive	Unlimited					

*At 5 pm on the date listed, your company's answer for a specific team sport and all of its divisions (men, women, coed) will be frozen in Corporate Games Manager. Your company will be responsible to provide the number of teams listed at that time. No shows may incur forfeit points. A list of teams that declared "Yes" to participate will be posted by 5:00 pm on the "List of Teams Posted" date. If you miss the company deadline, reach out ASAP. We will do our best to add teams if possible. Schedules may change after the deadline. Schedules become final approximately 72 hours prior to the event or when we send out the final schedule on the "Final Schedule Posted" date.

Roster Definitions

Open = Any combination of men or women

Coed = Total number of men participating cannot exceed 50% of the total number of allowed participants per team competing at one time. More women than men is always allowed for coed events.

- o Bowling - Maximum of 2 men on the coed team
- o Dodgeball - Maximum of 3 men on the court at one time
- o Sand Volleyball - Maximum of 3 men on the court at one time
- o Tug of War - Maximum of 5 men on the rope at one time



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Point System

1. Major Team Competitions		
Place	Points	Events
1st	1000	Dodgeball
2nd	800	Kickball
3rd	600	Trivia
4th	400	Tug of War
5th	250	
6th	250	

o Medals will be awarded to the top three teams in each division. Points will be awarded to the top six teams within each division

o Participation points will be awarded to all teams in the CCG. To receive 250 participation points, teams must complete the event as designed.

o Bonus Points: In team trivia, points earned during the competition will be multiplied by 3.

2. Team Competitions		
Place	Points	Events
1st	800	Basketball 3 on 3
2nd	600	Bowling
3rd	400	Sand Volleyball
4th	300	Speed Puzzle
5th	150	
6th	150	

o Medals will be awarded to the top three teams in each division. Points will be awarded to the top six teams within each division

o Participation points will be awarded to all teams in the CCG. To receive 150 participation points, teams must complete the event as designed.

3. Doubles Competitions		
Place	Points	Events
1st	500	Bags
2nd	400	Disc Golf
3rd	300	Golf Doubles Best Shot
4th	200	Pickleball
5th	50	Putt Putt
6th	50	Spikeball

o Medals will be awarded to the top three teams in each division. Points will be awarded to the top six teams within each division

o Participation points will be awarded to all teams in the CCG. To receive 50 participation points, teams must complete the event as designed.

4. Track & Field Meet			
Individual Events			
Place	Points	Events	Age Groups
1st	10	800M	18-29, 30-39, 40-49, 50-59, 60+
2nd	8	400M	
3rd	6	200M	
4th	5	Long Jump	
5th	4	Shot Put	
6th	3		
7th	2		
8th	1		

o Medals will be awarded to the top three finishers. The top eight finishers for individual events (by division) within the Track and Field Meet will be awarded points toward your company's Track & Field total

o Participation points will be awarded for all individuals participating in individual events. To receive 10 participation points, individuals must complete the event as designed.

Relay Events		
Place	Points	Events
1st	40	Coed 4x200M Relay
2nd	32	Coed 4x100M Relay
3rd	24	Coed 4x400M Relay
4th	20	
5th	16	
6th	12	
7th	8	
8th	4	

o Medals will be awarded to the top three relay teams. The top eight relay teams (by division) within the Track and Field Meet will be awarded points toward your company's Track & Field total.

o Participation points will be awarded for all teams participating in relays. To receive 40 participation points per team, teams must complete the relay as designed.

Team Points	
Place	Points
1st	500
2nd	400
3rd	300
4th	200

o Team Points will be awarded to the top four companies based on total placing points earned during the track meet within each division

5. Individual Non Competitive Events

Events
Cycling Tour Ride
Fitness Walk
Yoga

o Participants will be awarded 25 participation points. No medals will be awarded.

6. Volunteer Points
o 50 points will be awarded for each volunteer who assists with the CCG.
o Companies may provide volunteers beyond the required amount. Additional volunteers will also earn 50 points.
o A company can earn a max of 1,000 volunteer points. Companies can claim volunteer spots after reaching the maximum.
o Please stress to your volunteers the importance of reporting to a CCG Representative when they arrive to an event.
o Volunteer Penalty Points: 50 points will be deducted for each volunteer who does not show up for their assigned event.

7. Penalty Points							
Event	Penalty Points	Event	Penalty Points	Event	Penalty Points	Event	Penalty Points
Dodgeball	-250	Basketball 3-on-3	-150	Bags	-50		
Kickball	-250	Bowling	-150	Disc Golf	-50		
Trivia	-250	Sand Volleyball	-150	Golf	-50		
Tug of War	-250	Speed Puzzle	-150	Pickleball	-50	Putt Putt	-50

8. Community Challenges
Blood Donation Challenge, Meals from the Heartland, Corridor Heart Walk
o No participation points are awarded for these events.
o The company logging the most presenting donors/packers in each company division will be presented with an award.
o The company logging the highest percentage of AHA Walkers in each company division will be presented with an award.