



# CORRIDOR CORPORATE *GAMES*

## POINT SYSTEM

The point system for the CCG is divided into categories, as follows:

### 1. Major Team Competition

- Contestants in this category will compete only against teams in their company division.
  - **Bowling – Men’s, Women’s or Coed**
  - **Dodgeball – Coed**
  - **Mud Volleyball**
  - **Trivia**
  - **Tug of War**
  - **Ultimate**
- Medals will be awarded to the top three teams in each division. Points will be awarded to the top four teams within each division, as follows:

Place	Points
1 <sup>st</sup>	1000
2 <sup>nd</sup>	800
3 <sup>rd</sup>	600
4 <sup>th</sup>	400

- Participation points will be awarded to all teams in the CCG. To receive **250** participation points, teams must complete the event as designed.
- **Bonus Points:** In team trivia, points earned during the competition will be added to the CCG points earned.

### 2. Team Competition

- Contestants in this category will compete only against teams in their company division.
  - **Basketball 3-on-3 – Men’s and Women’s**
  - **Bocce**
  - **Golf Four Person Best Shot – Men’s, Women’s or Coed**
  - **Sand Volleyball – Coed**
- Medals will be awarded to the top three teams in each division. Points will be awarded to the top four teams within each division, as follows:

Place	Points
1 <sup>st</sup>	800
2 <sup>nd</sup>	600
3 <sup>rd</sup>	400
4 <sup>th</sup>	300

- Participation points will be awarded to all teams in the CCG. To receive **150** participation points, teams must complete the event as designed.

### 3. Doubles Competition

- Contestants in this category will compete only against teams or individuals in their company division.
  - **Bags**
  - **Disc Golf – Men’s and Women’s**
  - **Spikeball**
- Medals will be awarded to the top three finishers in each division. Points will be awarded to the top four teams within each division, as follows:

Place	Points
1 <sup>st</sup>	500
2 <sup>nd</sup>	400
3 <sup>rd</sup>	300
4 <sup>th</sup>	200

- Participation points will be awarded for all individuals or teams in the CCG. To receive **50** participation points, individuals or teams must complete the event as designed.

### 4. Basketball Free Throw & Three Point Shooting

- Individuals will compete within their age group against competitors from all divisions, but results will be scored by division.
  - **Age Groups: 18-29, 30-39, 40-49, 50+**
- Medals will be awarded to the top three finishers in each division. Points will be awarded to the top four finishers in each age group (**by division**) as follows

Place	Points
1 <sup>st</sup>	60
2 <sup>nd</sup>	40
3 <sup>rd</sup>	30
4 <sup>th</sup>	20

- **10** participation points will be awarded for individuals in Basketball Hotshot & Free Throw.

### 5. Cycling Tour Ride, Fitness Walk, Nature Walk, and Yoga

- Participants will be awarded **25** participation points. **No medals will be awarded.**

### 6. 5K Road Race

- The 5K Road Race will be held as a single event. Individuals will compete within their age group against competitors from all divisions.
  - **Age Groups: 18-29, 30-39, 40-49, 50+**
- Points will be awarded to the top four in each age group. In each distance (**by division**) as follows:

5K Road Race	
Place	Points
1 <sup>st</sup>	60
2 <sup>nd</sup>	40
3 <sup>rd</sup>	30
4 <sup>th</sup>	20

- Participation points will be awarded for individuals in the 5K Road Race. To receive **10** participation points, individuals must complete the course as designed.

## 7. Cross Country Race

- The Cross Country Race will be held as a single event. Individuals will compete within their age group against competitors from all divisions
  - **Age Groups: 18-29, 30-39, 40-49, 50+**
  - Points will be awarded to the top four finishers in each age group (**by division**) as follows:

Cross Country Race	
Place	Points
1 <sup>st</sup>	60
2 <sup>nd</sup>	40
3 <sup>rd</sup>	30
4 <sup>th</sup>	20

- Participation points will be awarded for individuals in the Cross Country Race. To receive **10** participation points, individuals must complete the course as designed.

## 8. Track & Field Meet

- Individuals will compete within their age group against competitors from all divisions, but results will be scored by division.
  - **Age Groups: 18-29, 30-39, 40-49, 50+**
- Categories for competition in the Track & Field Meet are as follows:
  - **100M** – Men's & Women's
  - **400M** – Men's & Women's
  - **1600M** – Men's and Women's
  - **Long Jump** – Men's and Women's
  - **Shot Put** – Men's and Women's
  - **4 X 100 m** – Coed
  - **4 X 400 m** – Coed
- Medals will be awarded to the top three finishers. The top eight finishers for **individual events (by division)** within the Track and Field Meet will be awarded points toward your company's Track & Field total as follows:

Place	Points
1 <sup>st</sup>	10
2 <sup>nd</sup>	8
3 <sup>rd</sup>	6
4 <sup>th</sup>	5
5 <sup>th</sup>	4
6 <sup>th</sup>	3
7 <sup>th</sup>	2
8 <sup>th</sup>	1

- Participation points will be awarded for all individuals participating in individual events. To receive **10** participation points, individuals must complete the event as designed.
- Medals will be awarded to the top three relay teams. The top eight relay teams (**by division**) within the Track and Field Meet will be awarded points toward your company's Track & Field total as follows:

Place	Points
1 <sup>st</sup>	40
2 <sup>nd</sup>	32
3 <sup>rd</sup>	24
4 <sup>th</sup>	20
5 <sup>th</sup>	16
6 <sup>th</sup>	12
7 <sup>th</sup>	8
8 <sup>th</sup>	4

- Participation points will be awarded for all teams participating in relays. To receive **40** participation points per team, teams must complete the relay as designed.
- **Team Points** will be awarded to the top four companies based on **total placing points** earned during the track meet within each division as follows:

Place	Points
1 <sup>st</sup>	500
2 <sup>nd</sup>	400
3 <sup>rd</sup>	300
4 <sup>th</sup>	200

### 9. Burst Your Thirst

- Contestants in this category will compete only against teams in their company division.
- Participation points will be awarded based on the percentage of total company employees that complete the Burst Your Thirst Challenge (record once per week for 5 of the 6 weeks)
- Points vary based on company division. See below for points and examples:

Division	Points per 1%	Example
1	50	Total # of employees = 1500 Total # of employees that complete 5 of 6 weeks = 300 % of employees that complete 5 of 6 weeks = 20% Total Points = 20% * 50 = 1000 points
2	25	Total # of employees = 300 Total # of employees that complete 5 of 6 weeks = 150 % of employees that complete 5 of 6 weeks = 50% Total Points = 50% * 25 = 1250 points
3	10	Total # of employees = 100 Total # of employees that complete 5 of 6 weeks = 90 % of employees that complete 5 of 6 weeks = 90% Total Points = 90% * 10 = 900 points

- Additionally, placing points will be awarded to the top four companies (based on % of total employees recording five of the six weeks) within each division, as follows:

Place	Points
1 <sup>st</sup>	500
2 <sup>nd</sup>	400
3 <sup>rd</sup>	300
4 <sup>th</sup>	200

### 10. Volunteer Points

- **50 points will be awarded for each volunteer who assists with the CCG.** Your company will be assigned a specific number of volunteers to an event and that Volunteer Assignment will be released on the CCG website on May 1. Companies may provide volunteers beyond the required amount. Additional volunteers will also earn **50** points.
  - The number of volunteers required will vary by division, but will remain constant within divisions. Each company will have the opportunity to score equal volunteer points against other companies in their division. **Please stress to your volunteers the importance of reporting to a CCG Representative when they arrive to an event.**
- **Volunteer Penalty Points: 50 points will be deducted for each volunteer who does not show up for their assigned event.**

**11. Learn & Earn Webinar Series**

- **5 points will be earned** for each webinar attended by an eligible employee.

**12. Penalty Points**

- CCG will assess Penalty Points to those companies which commit a team, but competitors **do not show up for bracketed events, as well as Bowling and Golf**. It diminishes the spirit of the Games when a team or individual travels from across the Corridor to participate in one of these events, only to have their opponent forfeit. Penalty points will be assessed for the following events:

<b>Event</b>	<b>Penalty Points</b>	<b>Event</b>	<b>Penalty Points</b>
Tug of War	-250	Bocce	-150
Trivia	-250	Golf 4 Person Best Shot	-150
Ultimate	-250	Sand Volleyball	-150
Dodgeball	-250	Basketball 3-on-3	-150
Bowling	-250	Bags	-50
		Spikeball	-50