



Registration Instructions for Corridor Corporate Games

Step 1: Go to <https://mealsfromtheheartland.org/event/cedar-rapids-hunger-fight/>

Step 2: (click) on the words “Register Now”

	Thursday	Friday	Saturday
Morning		9:00 – 11:00 AM	9:00 – 11:00 AM
Afternoon	1:00 – 3:00 PM	1:00 – 2:45 PM 3:00 – 4:45 PM	
Evening		6:00 – 8:00 PM 6:30 – 8:30 PM	

Step 3: Before you fill out the form, scroll to the bottom of this page and check how many “Available” spots are remaining in your desired shift. ***If you plan to sign up 9 volunteers you need a minimum of 9 in the “Available” column.

Step 4: Change the number in the “# of volunteers” box from 0 to the # of volunteers you plan to bring.

Step 5: Scroll back to the top of this page and put in your contact information. *****DO NOT USE AUTOFILL!** In the Group Name box please use **CCG – your company name**

Step 6: (click) “NEXT” at the bottom of the page. You will be taken to a confirmation page. You will also receive a confirmation email almost instantly. (IF not please check your spam folder) Please share this confirmation email with your co-workers as this has important information.

Congratulations, you did it! If your numbers change, please contact us ASAP as we often have a wait list (and only we can change your registration). Each volunteer will package over 400 meals during your 2 hour shift, that is almost like feeding 2 kids for an entire year!!!

Sponsor a “Mobile Hunger Fight” service project with Meals from the Heartland at your companies location during the months of June and July. Funding is required at **\$0.25** per meal with a minimum of 30,000 (or a \$7,500 donation). This is a great way to increase participation, maximize your impact, and minimize downtime. Mobile Hunger Fights can be scheduled Monday through Saturday.

Please contact Joel O’Dell at 515 473-9530 or email joel.odell@mealsfromtheheartland.org if you have questions or need assistance with the sign up system.