



# **CORRIDOR** **CORPORATE** *GAMES*

## **VIRTUAL FITNESS CLASSES**

### **Eligibility**

All participants must be regular employees (full or part-time), interns or retirees of companies registered for the Corridor Corporate Games in order to receive team points.

### **General Guidelines**

1. Virtual classes are non-competitive, participation events.

### **CCG Point System**

- Participants will be awarded **5** participation points. No medals will be awarded.